

# Dr. Pinto's Post-Op Homeopathic Recommendations

## Boiron Camilia – Oral Liquid Doses

- **Children 1 month and up:** Administer one entire liquid dose; repeat every 15 minutes for 2 more doses. This repetition of 3 doses can be repeated 3 times a day for a total of 9 doses each day.



**Drug Facts**

**Active ingredients\*\***  
 Chamomilla 5C HPUS.....Relieves teething pain accompanied by irritability  
 Phytolacca decandra 5C HPUS.....Relieves painful gums  
 Rheum 5C HPUS.....Relieves minor digestive disorders associated with teething

**Purpose\***  
 The letters HPUS indicate that this ingredient is officially included in the Homeopathic Pharmacopoeia of the United States.

**Uses\***  
 • temporarily relieves symptoms of teething, including painful gums and irritability  
 • helps in relieving minor digestive disorders sometimes associated with teething

**Warnings**  
**Stop use and ask a doctor** if symptoms persist for more than 3 days or worsen, or if inflammation, fever or rash develops. After administering, discard single-use container. **Do not reuse. Keep out of reach of children.**

**Directions**  
 Children 1 month of age and older:  
 1. Snap off one single-use dose. 2. Twist to open. 3. Squeeze entire contents into mouth. Repeat, as needed, every 15 minutes for 2 more doses. If or when symptoms return, repeat these dosage instructions for up to a total of 9 doses per day.

**Other information**  
 • do not use if glued carton end flaps, inner foil pouch, and single-use container are not intact • store at 68-77°F (20-25°C)

**Inactive ingredient**  
 purified water

\*These "Uses" have not been evaluated by the Food and Drug Administration. \*\*C, K, CK, and X are homeopathic dilutions; see www.boironusa.com for details.

## Hyland's Naturals Baby Oral Pain Relief: Dissolvable Oral Tablets

- **Children under 6 months:** Dissolve 2 tablets on tongue every hour up to 4 hours as needed. If symptoms persist, 2 tablets every 4 hours during the night until relieved.
  - Note: for infants, consider dissolving tablet with a few drops of breastmilk/formula on a plate to create a paste you can wipe inside of the mouth
- **Children 6 months to under 3 years:** Dissolve 3 tablets on tongue every hour up to 4 hours as needed. If symptoms persist, 3 tablets every 4 hours during the night until relieved.



**Drug Facts**

**Active ingredients**  
 Arnica Montana 30X HPUS.....sore, sensitive or swelling gums  
 Calcarea Carbonica 12X HPUS.....teething, sore, sensitive or swelling gums  
 Calcarea Phosphorica 12X HPUS...teething, sensitive, swelling gums, oral pain  
 Chamomilla 12X HPUS.....sore, sensitive or swelling gums  
 Coffea Cruda 6X HPUS.....oral pain, irritability  
 Ferrum Phosphoricum 12X HPUS.....oral discomfort, swelling gums  
 \*HPUS\* is the Homeopathic Pharmacopoeia of the United States.

**Purpose**  
 Relieves symptoms of oral pain or discomfort in children, including: teething, gum sensitivity, swelling or soreness of gums, irritability

**Uses**  
 • temporarily relieves symptoms of oral pain or discomfort in children, including:  
 ■ teething ■ gum sensitivity ■ swelling or soreness of gums ■ irritability

**Warnings**  
**Stop use and ask a doctor if:** ■ symptoms persist for more than 72 hours or worsen. ■ swelling increases; nasal congestion, rash or fever is present or develops. ■ irritation, pain or redness persists or worsens.

**Keep out of reach of children.**

**Directions** ■ Use as directed.

Children under 6 months	At onset of symptoms, dissolve 2 tablets on tongue every hour up to 4 hours. If symptoms persist, 2 tablets every 4 hours until relieved.
Children 6 months to under 3 years	At onset of symptoms, dissolve 3 tablets on tongue every hour up to 4 hours. If symptoms persist, 3 tablets every 4 hours until relieved.

**Inactive ingredients** Acacia Gum, Lactose.

**Questions?** www.hylands.com or (800) 624-9659

\*CLAIMS BASED ON TRADITIONAL HOMEOPATHIC PRACTICE, NOT ACCEPTED MEDICAL EVIDENCE. NOT FDA EVALUATED.  
 DO NOT USE IF TAMPER-EVIDENT SEAL IS BROKEN OR MISSING.